



# Arun Sunshine Group

## For Adults With A Learning Difficulty

Dove Lodge, 49 Beach Road, Littlehampton, West Sussex, BN17 5JG

Tel: 01903 714930. Mob: 07968 051578

Email: derek@arunsunshine.org.uk Web: www.arunsunshine.org.uk

Chair: Mr. Terry Elderfield Registered Charity No 1114803

### MEETINGS AND EVENTS JANUARY TO DECEMBER 2020

**Sunday 5th Jan 2020** - Fun at Dove Lodge 2 to 5pm. Meet at Dove Lodge.

**Activities:** - Jigsaws, Computer games, Painting, Colouring Bingo and Pottery Crafts.

**Sunday 19th Jan** - Pantomime Meet at the Windmill Theatre Littlehampton 12.pm, pick up time approximately 3pm.



**Activities:** - We are going to see  pantomime, presented by the Littlehampton Musical Comedy Society. Will need money for drinks etc. (£10).

**Sunday 2nd Feb** - Fun at Dove Lodge 2 to 5pm. Meet at Dove Lodge.

**Activities:** - Jigsaws, Computer games, Painting, Colouring Bingo and Pottery Crafts.

**Sunday 2nd Feb** - Trustee Committee Meeting. Dove Lodge 4pm. (subject to change)

**Sunday 16th Feb** - Fun at Dove Lodge 2 to 5pm. Meet at Dove Lodge.

**Activities:** - If possible, Cake decorating session, Arts and Crafts, Computer Games, Painting, Colouring and Bingo.

**Sunday 1st Mar** - Bowling Trip

**Activities:** Bowling Trip to Out Of Bounds Bowling Centre Rustington. Will meet at centre no later than 11:45 am. Pick up approximately 4 to 4.15pm. Will need approximately (£10) to cover cost of drinks. It can be cheaper if you bring your own drink with you.

**Sunday 15th Mar** - Fun at Dove Lodge 2 to 5pm. Meet at Dove Lodge

**Activities:** - Jigsaws, Computer games Painting, Colouring, Bingo.

**Sunday 29<sup>th</sup> Mar** - Fun at Dove Lodge 2 to 5pm. Meet at Dove Lodge. (Next meeting in 3 WEEKS)

**Activities:** - Easter Crafts, Jigsaws, Bingo. (Easter Sunday is on 12<sup>th</sup> April)

**Sunday 19th April** - Fun at Dove Lodge 2 to 5pm. Meet at Dove Lodge.

**Activities:** - Jigsaws, Computer games Painting, Colouring, Bingo.

**Sunday 3rd May** - Outing, meal at local pub/cafe. 2 to 5pm.

**Activities:** Venue to be decided. Order your own meal and drink. Monies required (£15).

## MEETINGS & EVENTS 2020

**Bank holiday Mondays fall on the 11th May and 25<sup>th</sup> May so the next meeting will take place on Sunday 31<sup>st</sup> May**

**Sunday 31st May** - Fun at Dove Lodge. 2 to 5pm. Meet at Dove Lodge.

**Activities:** Arts and Crafts session, Computer games, Painting, Colouring and Bingo.

**Sunday 31st May** - Trustee Committee Meeting. Dove Lodge 4pm. (subject to change)

**Sunday 14th Jun** - Fun at Dove Lodge. 2 to 5pm. Meet at Dove Lodge.

**Activities:** Walk to Crazy Golf, subject weather conditions. Enjoy a game of Crazy Golf. Monies required for game and drink etc. (£5). Pick up from Dove Lodge.

**Sunday 28th Jun** – Fun at Dove Lodge 2 to 5pm. Meet at Dove Lodge.

**Activities:** Arts and Crafts session, Computer games, Painting, Colouring and Bingo.

**Sunday 12th Jul** – Summer outing, Drusilla's Park and Zoo

**Activities:** Leave at 9.30am and return at approximately 5pm. **Packed lunches will be required.** Monies will be required for extra drinks etc £15.

**Sunday 26th Jul** - Trustee Committee Meeting 2pm followed by (**Annual General Meeting**) at Dove Lodge 2.30pm to 4pm.

**Sunday 26th Jul** - Fun at Dove Lodge. 2 to 5pm. Meet at Dove Lodge.

**Activities:** Annual General Meeting followed by Bingo session and birthday celebrations.

**August 2020** - **Summer holidays, no meetings.**

**Sunday 6th Sep** - Fun at Dove Lodge 2 to 5pm. Meet at Dove Lodge.

**Activities:** Jigsaws, Computer games, Painting, Colouring, Bingo and Arts and Crafts.

**Saturday Date to be decided** - Rosemead Family Fun Day.

**Activities:** - Set up and run a fundraising stall. Meet at Rosemead Open Space at 10am. Show ends at 5pm. Help required from Members and Volunteers.

**Sunday 20th Sep** - Fun at Dove Lodge 2 to 5pm. Meet at Dove Lodge.

**Activities:** Arts and Crafts session, Computer games, Painting, Colouring and Bingo.

**Sunday 4th Oct** – Fun at Dove Lodge 2 to 5pm. Meet at Dove Lodge.

**Activities:** Arts and Crafts session, Computer games, Painting, Colouring and Bingo.

**Sunday 18th Oct** - Fun at Dove Lodge. 2 to 5pm. Meet at Dove Lodge.

**Activities:** - Halloween and Bonfire cards, pumpkin heads etc. Computer games, Painting, Colouring, Bingo and Arts and Crafts.

## MEETINGS & EVENTS 2020

<p><b>Sunday 1st Nov-</b> Meal out. Meet and Pick up at the George Inn Littlehampton (opposite Iceland). <b>Activities:</b> - Meal out at the George Inn Littlehampton 2 to 5pm. Need money for meal and drinks (£20). Meals range from £3.20 to £7.50, Desserts from £2.20 to £3.50 and drinks £1.20 to £1.50.</p>
<p>To make sure our Christmas Party falls on the last Sunday before Christmas, the next meeting will be in 3 weeks' time.</p>
<p><b>Sunday 22nd Nov</b> - Fun at Dove Lodge. 2 to 5pm. Meet at Dove Lodge. <b>Activities:</b> - Team Quiz, Jigsaws, Computer games, Painting, Colouring and Bingo and Arts and Crafts</p>
<p><b>Sunday 22nd Nov</b> - Trustee Committee Meeting. Dove Lodge 4pm. (subject to change)</p>
<p><b>Sunday 6th Dec</b> - Fun at Dove Lodge. 2 to 5pm. Meet at Dove Lodge. <b>Activities:</b> - Arts and Craft session, Christmas Cards etc. Computer games, Painting, Colouring and Bingo.</p>
<p><b>Sunday 20th Dec</b> - Fun at Dove Lodge. 2to 5pm. Meet at Dove Lodge. <b>Activities:</b> - Christmas Party. Lots of fun/games and lots to eat followed by our usual Christmas game of Bingo.</p>

If you are unable to attend a meeting, please let the Project Leader know as soon as possible.

**CONTACT:** Derek Moore MBE

Tel: 01903 714930 Home  
Mob: 07968 051578